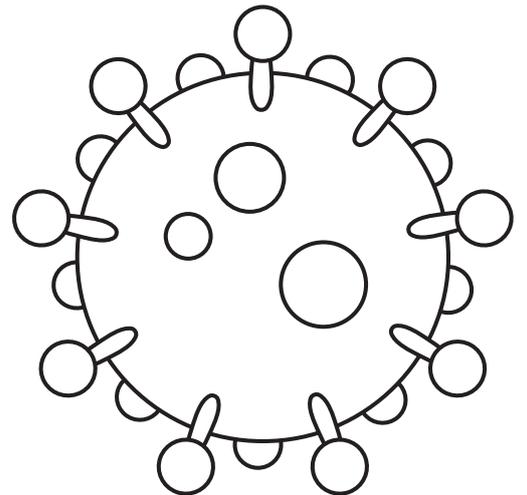
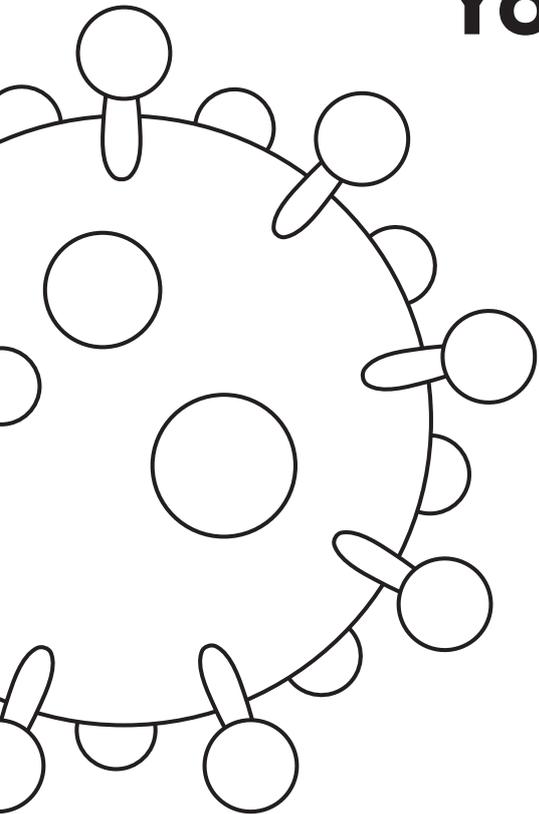


COVID-19

IN 2020

Your own story



All about me

Name

Age School year

Height Shoe size



Self Portrait

My favourite

Book

Movie

Food

TV Show

Animal

School Subject

Toy

Colour

My best friend

Song

When I grow up

I want to be

My community

Who do you live with?



My house



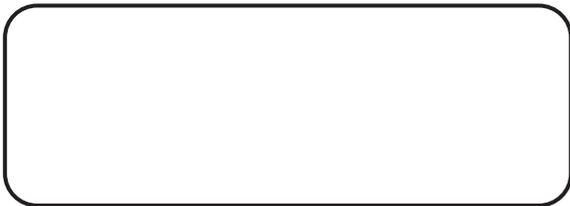
Do you have any pets?



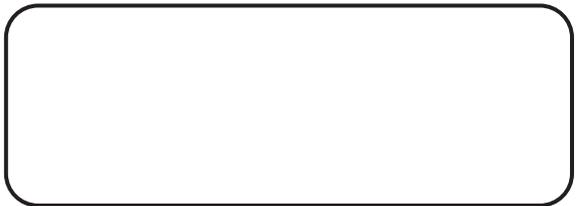
My pet



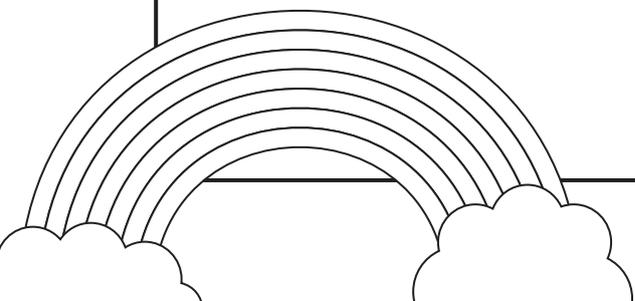
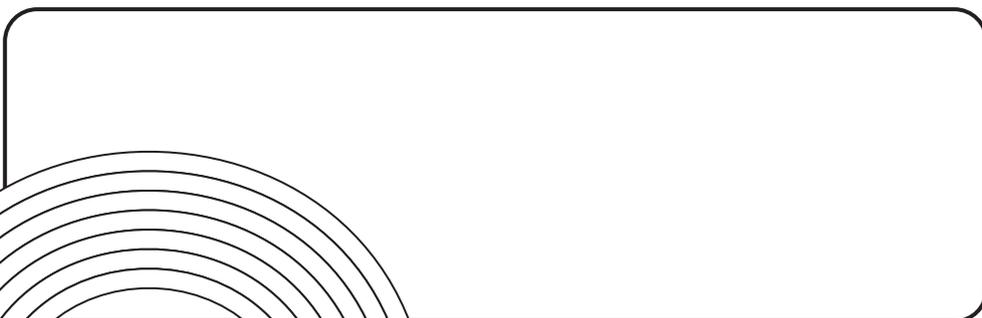
How are you keeping busy?

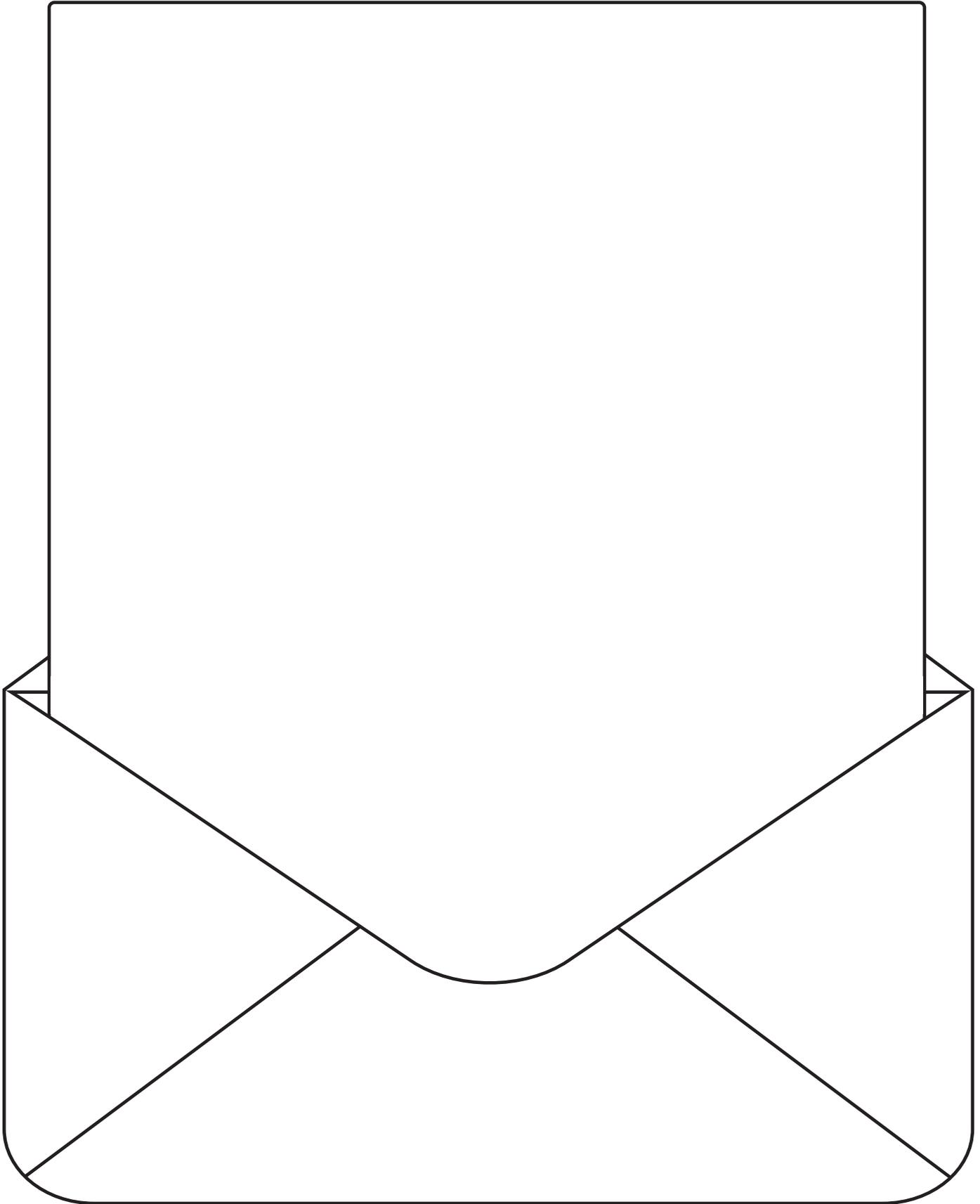


Are you in contact with friends?



What activities are keeping you connected?
(Rainbows in windows, drawing clubs, dance class)

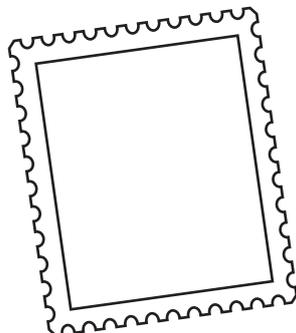
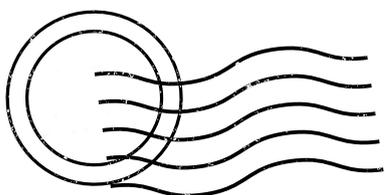


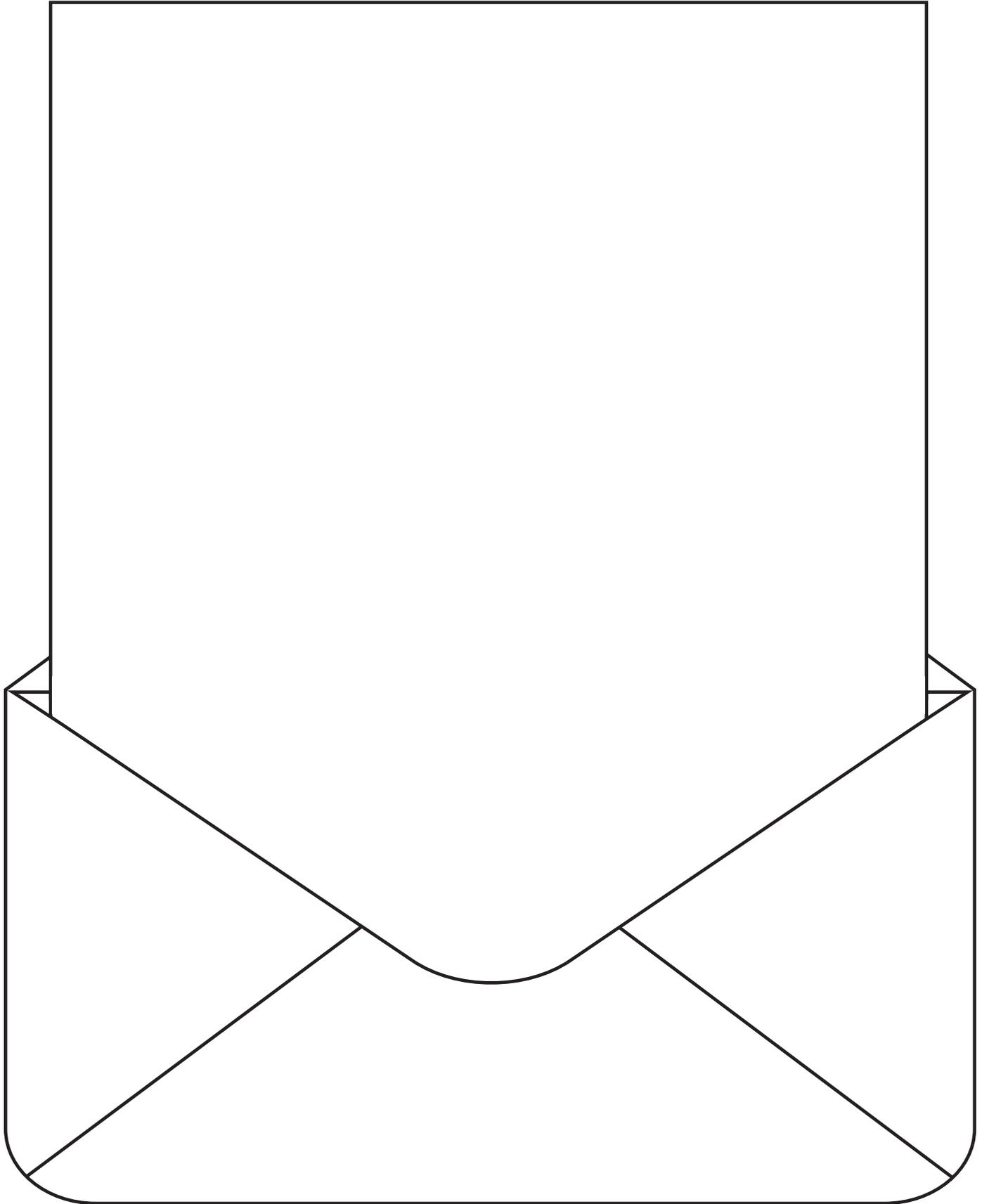


Letter to myself

Write a letter to yourself about your time in lockdown.

Letter to myself





Letter to a family member

Write a letter to a family member about your time in lockdown.

Living history

During this time of lockdown, YOU are living in the middle of history.

One Dalkeith has a storyteller who shares things that happened in our town in centuries gone by. The Covid 19 virus is called a pandemic because it affects people all over the world but this is not the first virus or illness to come to Dalkeith when there was no cure.

Dalkeith had its own special Fever Hospital where people of all ages had to go when they were infected with diseases like smallpox and diphtheria in the 1700s and 1800s and the Spanish 'Flu just over a hundred years ago. Millions of people all over the world died of these diseases.



If you had a disease and had to go to the Fever Hospital then your family could only wave to you through a window as children had to be kept in what is called 'isolation'.

Disease and death came to rich and poor and in 1750 Lord Dalkeith, who lived in Dalkeith Palace, died of smallpox within three days of being diagnosed. Smallpox spread through Lord Dalkeith's family and to add to the tragedy it claimed his eldest son in 1749. Also, Lord Dalkeith's only brother had a particularly horrendous experience of the disease and it is reported that his limbs fell off as his body was put into the coffin.

Smallpox was a very unpleasant disease. Victims developed feverish symptoms and diagnosis confirmed a few days later when spots or 'pocks' began to appear on the body. These spots were red in appearance but soon turned into a puss-filled yellow head – sometimes the size of a golf ball. The spots were very painful and burst with any movement the sufferer made and gave off a terrible smell. Spots covered the face and the hands and in severe cases the surface of the skin – see the picture below. The sufferer became almost unrecognisable. The Vaccination Act of 1853 inspired by the Epidemiological Society of London was the cause of the pandemic not spreading as much in the United Kingdom than in other countries.



A pandemic of smallpox swept the country between 1870 and 1874. As a major town, Dalkeith had to have a plan to deal with this. A meeting was held for people living in Dalkeith in the Library Room of the Scientific Hall to decide what steps had to be taken so Dalkeith could have a hospital set up for people who had small pox or other diseases. Here is a picture of the first Dalkeith Fever Hospital and the second Fever Hospital which went on to become a school for children living in Dalkeith and Mayfield.

School records in Dalkeith show what type of diseases children had died of like typhus, smallpox, diphtheria, measles and scarlet fever.

15 October 1864	Little Maggie Black's sister died of scarlet fever
21 December 1870	The infant teacher, Mrs McAndrew had to leave school early because of her little boy's illness. The following day he died of diphtheria.
4 October 1871	Isabella Stirling was sent home from school and she died a few hours later of scarlet fever.
October 1871	Isabella Hope died of smallpox
7 December 1871	John Thomson from Fairfield Place died on smallpox
8 December 1871	Henrietta Thomson died after a short illness

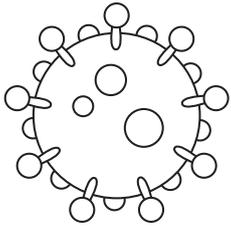
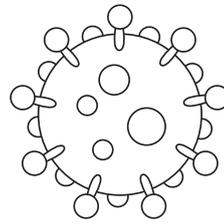
Living history

Collect your very own items for the living history project here:
Add photographs, drawings, letters, information from the internet
or newspaper clippings.



Timeline

Complete your own Covid-19 timeline



31 January 2020

First two case in UK confirmed

28 February 2020

First case in Wales confirmed

5 March 2020

First death in UK confirmed

31 December 2019

Wuhan in China.
A novel coronavirus was identified

27 February 2020

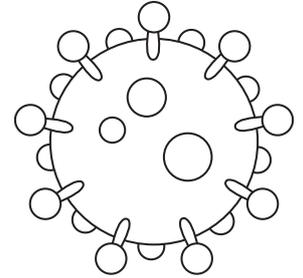
First case confirmed in Northern Ireland

1 March 2020

First case in Scotland confirmed

23 March 2020

UK-wide Lockdown announced



Add your memories to your timeline

Interview with the family



Choose a member of your family to interview
(you can of course do this for all of them if you like.....)

Who is the best teacher in the house?

What have been your top 3 moments so far?

If you have started playing games, what is your favourite one so far?

New found family activity?

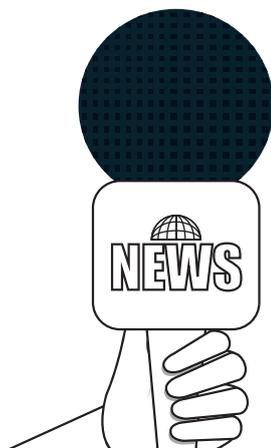
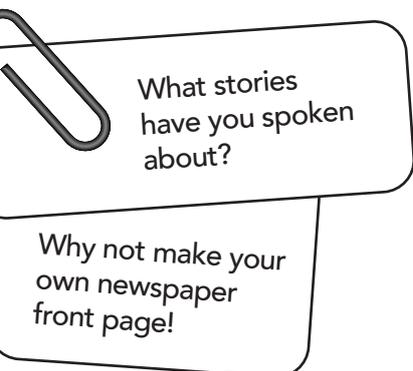
What are you grateful for?

How many days in lockdown so far?

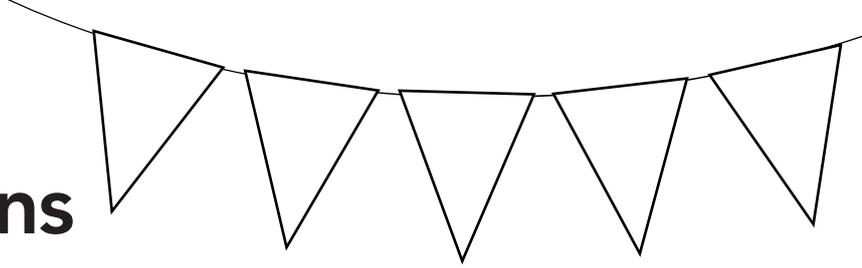


Capture the news

What are the top stories that you would like to note for future generations



Special Occasions



You may have had a birthday in lockdown, someone may have been born in your family, someone may have had to cancel their wedding, so how have you still celebrated these and captured these times?

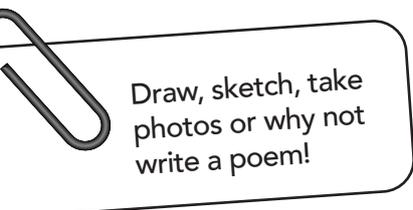


Draw, sketch, take photos or write your own news report



Capture your feelings

How do you feel? Have you done anything to help you through this? Have you learned any new skills? What have you done that have helped ease the boredom in lockdown?



Exercise

We are all trying to keep ourselves active – list the things that you have managed to do to keep yourself active? This could be taking part in Joe Wick’s morning activity or CBeebies activities?

1

2

3

4

5



Future events

One Dalkeith will be holding a number of events when we can move again to collect people's memories for our Living History project.

COVID-19 IN 2020 **TIME CAPSULE**

Share your pages with us on Facebook and keep an eye on our page for activities in One Dalkeith's venue to collate a real life time capsule.

 @One Dalkeith